1. Go to cmd mode and type: node –v to check the version and if node is installed already.
2. If not, then go to node website and install nodejs from official website.
3. Then go to the project directory and open terminal, type: npm init
4. If you don’t want to change the options, then just keep pressing ENTER through all the options.
5. Afterwards, a package.json file will be created in the project folder.
6. Now there are various project packages which you might want to install to your project, for that go to [www.npmjs.com/package/mongoose](http://www.npmjs.com/package/mongoose) or express or express-handlebar or body-parser and check their latest versions.
7. Now in the terminal, type: npm i –s express@VERSION mongoose@VERSION express-handlerbars@VERSION